

Caregiver Support Conference

December 5, 2012, 8:30 AM to 3:30 PM

Kiana Lodge - 14976 Sandy Hook Rd. NE, Poulsbo
Honoring of Caregivers, Lunch and Exhibits included.

Free to Family & Volunteer Caregivers

\$25 for professionals. Space is limited, call to reserve by
Friday, November 30. **Call 360-337-5700 or 1-800-562-6418**

Keynote: Marty Richards,
MSW, LICSW, Author

“Caregiving Challenges – Finding Hope
While Sharing Care” and “Listening with the Mind,
Hearing with the Heart”



Book sales available onsite. CARESHARING
A Reciprocal Approach to Caregiving and Care Receiving in
the Complexities of Aging, Illness or Disability

Presenters:

Katherine Hanson, MS, LMHC

Geriatric Regional Assessment Team (King County)-Caregiver Counselor
“Coping with Anger, Guilt, & Depression”

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Sara Humphries, Attorney of Counsel

GSJones Law Group, PS
“Legal Decision-making for Caregivers”

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Carolyn McManus PT, MS, MA

Swedish Medical Center
“Mind-Body Strategies for Inner Peace and Calm”



Presented by Kitsap County
Division of Aging & Long Term Care
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